

The 5<sup>th</sup> Session of the 16<sup>th</sup> Meditation Series 2025

**2025 Zen Retreat – 5 Days Meditation Retreat (Aug)**

**ViriyaChan International Center** (Kuala Lumpur)


31/3/2025

**Registration Brochure:**

Learn more about the ancient wisdom of "Kan Hua Can Chan" which is the essence of Mahayana Chinese Chan (Zen) meditation.

By investigating a "huatou" (topic of inquiry) inwardly, practitioners confront the mind and cut through its mental phenomena and defilements directly to unravel the mind's true nature.

1. Led by: Chan Master **Ven. Yen Zhong** Abbot, Viriyachan International Center, the 43rd lineage of the Linji sect and the 49th lineage of the Caodong sect.
2. Instructor: **Ven. Ruji, Ven Ruguang**, Chan Master from Viriyachan Monastery, Hualian Taiwan.
3. Joint Organisers: Buddha Sasana Foundation, Viriyachan Monastery Taiwan, Viriya Chan Buddhist Society Singapore.
4. The Course: "Kan Hua Can Chan" Mahayana Chinese Chan (Zen) meditation, beginners' course.
5. Enrolment requirement: Non-Muslim over 18 years old who are interested in Mahayana Chinese Chan (Zen) meditation, willing to learn and willing to accept the methodology of "Kan Hua Can Chan". Those having mental or physical setback or history of allergies or other physical and mental conditions must declare clearly in the application. Please do not register if you are suffering from mental illness, serious illness, infectious disease, or pregnant woman. The Organiser reserve the right to accept or reject any application without assigning any reasons.
6. Date of event: **26<sup>th</sup> to 30<sup>th</sup> August 2025**
7. Registrants' arrival: 9.00-10.00 am, **26<sup>th</sup> August**.  
Pre-arrival is permitted for those from outstation or oversea (please indicate in the application).
8. End of event: 3.00 pm, **30<sup>th</sup> August**
9. Venue: Viriyachan International Center  
P.T. 12622 Dusun Tekali, Kampung Sungai Tekali, Jalan Sungai Tekali, 43100 Hulu Langat, Selangor Darul Ehsan, Malaysia  
GPS: 3.142090, 101.877686 Waze: BSF Retreat Centre, Hulu Langat

10. Total Enrolment: Limited to 30 pax
11. Enrolment Fees: By free-will donation to Buddha Sasana Foundation for the food, lodging and general contributions (Monastic excepted).  
Direct all remittance to:  
Buddha Sasana Foundation HLB acc nos. 179-000-2809-9  
PI WhatsApp remittance receipt to 011-3228 3882/ 3881/ 3880 or email [info@buddhasasana.org.my](mailto:info@buddhasasana.org.my)
12. Registration: Log in to [www.buddhasasana.org.my](http://www.buddhasasana.org.my) and click “Register” OR scan QR code to fill up the relevant particulars. 
13. Enquiries: Direct all enquiries to  
Whatsapp: 011-3228 3882/ 3881/ 3880  
Wechat: BSF\_official
14. Indemnities: Registrants must fill up the indemnity form as per Appendix 1. Registrants below 18 years old would need the written approval of the Guardian as per Appendix 2.
15. Direction:
  1. Waze location: GPS 3.139203, 101.868547、Waze: BSF Retreat Centre, Hulu Langat.
  2. Distance from KLIA to the Centre is about 80km, Airport Taxi: 1-3 pax about RM150, 4-8 pax about RM250。Grab: 1-4 about RM150 。

#### **Pre-arrival Notes to All Registrants:**

Please take note below before you submit your registration:

1. Those having mental or physical setback or history of allergies or other physical and mental conditions must declare clearly in the application and procure a pre-approval of acceptance from the Organiser before arrival.
2. Do not register if you are suffering from mental illness, serious illness, infectious disease.
3. This course is not suitable for pregnant woman.
4. After completing the registration procedurals, Yogis must diligently follow the Course Schedule and abide by the rules and regulations. Pre-approval must be obtained if you need to leave the course half-way for any reason whatsoever.

5. Please take good care of your own safety while in the event or during your stay in the Centre.
6. The use of Handphone, Computer, Electronic and or other communication equipment is strictly prohibited throughout the Meditation Course.
7. Please do not bring valuables, the organizer will not be responsible for any losses due to any reasons whatsoever.
8. Handphone and all valuables (passports, air tickets, wallets etc) are to be handed over to the organizer for safekeeping.
9. All Yogis must observe noble silence throughout the Meditation Course.
10. You may leave the following contact numbers with your families for emergency use:  
011-3228 3880/3881/3882, 019-221 6565
11. Please bring the following for your personal use during the course:
  - a) Cold and hot water tumbler, toiletries (shower gel, toothpaste, toothbrush), face tissue, feminine hygiene products, and personal medication.
  - b) Jacket, shawl, comfortable clothes, sweat towel, bath towel, towel (for knee protection during meditation).
  - c) Indoor sports shoes (for walking or running indoor), outdoor walking shoes, socks, and slippers.
12. The organizer does not arrange laundry service, please bring enough clothing. Light self-washing permitted at designated area only.
13. Please bring your own bed sheets, pillowcases, sleeping bags/blanket. Laundry charges would be incurred if provided by the Organiser (Monastic excepted).
14. Please be advised to get the above prepared as the venue is in the outskirts countryside, shopping and replenishment would be inconvenient.
15. Yogis from foreign countries must procure appropriate insurance from their country of origin.
16. The Venue is located within agriculture areas, as such safety facilities may not be in place, by your participation in the Course, Yogis would voluntarily assume all risks while participating in the Retreat and the use of facilities, equipment, or services in association with the Retreat.
17. All attendee and Yogis must abide by the centre's epidemic prevention measures against Covid-19, which may be imposed as required at the discretion of the Organiser.
18. The Organiser reserve the right to accept or reject any application without assigning any reasons.

Note: Temperature in the Centre is in the region of 22<sup>o</sup>~32<sup>o</sup>C.

Appendix 1

**Registrant' Indemnification & Covenant**  
**2025 Zen Retreat – 5 Days Meditation (August)**  
**26<sup>th</sup> to 30<sup>th</sup> August 2025**

I, the below named, hereby certify that I have full agreement of the participation in the above said Program, and hereby knowledge the nature and extent of the risks inherent in the Program and the use of facilities, equipment, or services in association with the Program, that by my agreement hereof, I will voluntarily assume all risks, whether known or unknown, and further understand that despite precautions, accidents and injuries may occur, and I hereby agree to indemnify, and keep the Organizers, including its facilitators, trustees, employees, volunteers and agents indemnified against all claims whatsoever in event of any loss or damage, either bodily, in life or in loss of property, which I may sustain or cause, whether in whole or in part, while participating in the Program and the use of facilities, equipment, or services in association with the Program.

I agree that I may be dismissed at any time during the conduct of the Program in the event of any misconduct on my part or that I failed to observe the instructions, rules, or regulations during the conduct of the Program.

Signature of Registrant/Yogis,

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Name:

NRIC:

Date:                      Tel contact:

Signature of Witness,

\_\_\_\_\_

Name:

NRIC:

Date:                      Tel contact:



Appendix 2

**Parent/Guardian's Consent of  
Assumption of Risk / Release & Indemnification of All Claims / Covenant Not to Sue  
2025 Zen Retreat – 5 Days Meditation Retreat (August)  
26<sup>th</sup> to 30<sup>th</sup> August 2025**

I, the below named, being the Parent/Guardian of the below named child/student, hereby certify that I have full agreement and consent of the participation of my child under my guardianship in the above said Program, and hereby knowledge the nature and extent of the risks inherent in the Program and the use of facilities, equipment, or services in association with the Program, that by my agreement and consent hereof, I will voluntarily assume all risks, whether known or unknown, and further understand that despite precautions, accidents and injuries may occur, and I hereby agree to indemnify, and keep the Organizers, including its facilitators, trustees, employees, volunteers and agents indemnified against all claims whatsoever in event of any loss or damage, either bodily, in life or in loss of property, which my child under my guardianship may sustain or cause, whether in whole or in part, while participating in the Program and the use of facilities, equipment, or services in association with the Program.

I agree that my child under my guardianship may be dismissed at any time during the conduct of the Program in the event of any misconduct or that he/she failed to observe the instructions, rules or regulations during the conduct of the Program.

Signature of Parent/Guardian,

Signature of Witness,

\_\_\_\_\_

Name:

NRIC:

Date:            Tel contact:

\_\_\_\_\_

Name:

NRIC:

Date:            Tel Contact:

Signature of Participating Child,

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Name:

NRIC:

Date:            Tel contact:

### Malaysia Digital Arrival Card (MDAC)

Effective 1 January 2024, all foreign citizens travelling to Malaysia MUST complete the Malaysia Digital Arrival Card (MDAC), click below link to complete and submit MDAC within 3 days before arriving in Malaysia.

<https://imigresen-online.imi.gov.my/mdac/main>

Citizens of below categories are exempted from the above requirement (not required to submit MDAC):

1. Citizens of Singapore.
2. Diplomatic and Official Passport Holders.
3. Malaysia Permanent Residents and Long-term Pass Holders.
4. General Certificate of Identity (GCI) Brunei Holders.
5. Brunei Malaysia Frequent Traveller Facility Holders.
6. Thailand Border Pass Holders.
7. Indonesia Cross-Border Travel Document (PLB) Holders.

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